

## General summary tables- Adult Social Care Survey 2010/2011

### Gender

	Number	%
Male	156	35.9
Female	279	64.1
Total respondents	435	100.0

### Age group

	Number	%
18-24	8	1.8
25-34	16	3.7
35-44	25	5.7
45-54	53	12.2
55-64	63	14.5
65-74	62	14.3
75-84	105	24.1
85 or over	103	23.7
Total respondents	435	100.0

### Ethnic Group

	Number	%
White	398	91.5
Irish	3	0.7
White and Black African	1	0.2
Other Mixed, Mixed Unspecified	1	0.2
Other white, white unspecified	7	1.6
Indian or British Indian	4	0.9
Pakistani or British Pakistani	12	2.8
Other Asian, Asian unspecified	5	1.1
Any Other Ethnic Group	2	0.5
Not stated	2	0.5
Grand Total	435	100.0

### Primary Client Group

	Number	Percentage
Physical Disability, Frailty and Sensory Impairment	293	67.4
Mental Health	54	12.4
Learning Disability	82	18.9
Substance misuse	2	0.5
Vulnerable People	4	0.9
Total respondents	435	100.0

### Q1 - Overall, how satisfied are you with the care and support services you receive?

	Number	%
I am extremely satisfied	118	34.0
I am very satisfied	105	30.3
I am quite satisfied	87	25.1
I am neither satisfied nor dissatisfied	23	6.6

I am quite dissatisfied	11	3.2
I am very dissatisfied	0	0.0
I am extremely dissatisfied	3	0.9
Total respondents	347	100.0
No response	1	

<i>For the Adults with LD Questionnaire</i>	Number	Percentage
I am very happy with the way staff help me, it's really good	68	79.1
I am quite happy with the way staff help me	14	16.3
The way staff help me is OK	2	2.3
I don't think the way staff help me is that good	0	0.0
I think the way staff help me is really bad	2	2.3
Total respondents	86	100.0
No response	1	

**Q2 - Thinking about the good and bad things that make up your quality of life, how would you rate the quality of your life as a whole?**

	Number	%
So good, it could not be better	19	5.5
Very good	82	23.8
Good	90	26.2
Alright	111	32.3
Bad	28	8.1
Very bad	11	3.2
So bad, it could not be worse	3	0.9
Total respondents	344	100.0
No response	4	

<i>For the Adults with LD Questionnaire</i>	Number	Percentage
My life is really great	28	32.9
My life is mostly good	38	44.7
My life is OK, some good things, some bad things	16	18.8
My life is mostly bad	2	2.4
My life is really terrible	1	1.2
Total respondents	85	100.0
No response	2	

**Q3 - Which of the following statements best describes how much control you have over your daily life?**

	Number	%
I have as much control over my daily life as I want	145	34.4
I have adequate control over my daily life	180	42.8
I have some control over my daily life but not enough	85	20.2
I have no control over my daily life	11	2.6
Total respondents	421	100.0
No response	14	

**Q4 - Thinking about your personal care, by which we mean being clean and**

	Number	%
I feel clean and am able to present myself the way I like	250	58.4
I feel adequately clean and presentable	163	38.1
I feel less than adequately clean or presentable	14	3.3
I don't feel at all clean or presentable	1	0.2
Total respondents	428	100.0
No response	7	

**Q5 - Thinking about the food and drink you get, which of the following statements best describes your situation?**

	Number	%
I get all the food and drink I like when I want	262	61.4
I get adequate food and drink at ok times	146	34.2
I don't always get adequate or timely food and drink	15	3.5
I don't always get adequate or timely food and drink, and I think there is a risk	4	0.9
Total respondents	427	100.0
No response	8	

**Q6 - Which of the following statements best describes how clean and comfortable your home is?**

	Number	%
My home is as clean and comfortable as I want	288	67.4
My home is adequately clean and comfortable	125	29.3
My home is not quite clean or comfortable enough	13	3.0
My home is not at all clean or comfortable	1	0.2
Total respondents	427	100.0
No response	8	

**Q7 - Which of the following statements best describes how safe you feel?**

	Number	%
I feel as safe as I want	299	70.2
Generally I feel adequately safe, but not as safe as I would like	108	25.4
I feel less than adequately safe	13	3.1
I don't feel at all safe	6	1.4
Total respondents	426	100.0
No response	9	

**Q8 - Thinking about how much contact you've had with people you like, which of the following statements best describes your social situation?**

	Number	%
I have as much social contact as I want with people I like	197	46.0
I have adequate social contact with people	132	30.8
I have some social contact with people, but not enough	74	17.3
I have little social contact with people and feel socially isolated	25	5.8
Total respondents	428	100.0
No response	7	

**Q9 - Which of the following statements best describes how you spend your time?**

	<b>Number</b>	<b>%</b>
I'm able to spend my time as I want, doing things I value or enjoy	155	36.8
I'm able to do enough of the things I value or enjoy with my time	127	30.2
I do some of the things I value or enjoy with my time but not enough	116	27.6
I don't do anything I value or enjoy with my time	23	5.5
Total respondents	421	100.0
No response	14	

**Q10 - Which of these statements best describes how having help to do things makes you think and feel about yourself?**

	<b>Number</b>	<b>%</b>
Having help makes me think and feel better about myself	252	60.6
Having help does not affect the way I think and feel about myself	120	28.8
Having help sometimes undermines the way I think and feel about myself	40	9.6
Having help completely undermines the way I think and feel about myself	4	1.0
Total respondents	416	100.0
No response	19	

**Q11 - Thinking about the way you are helped and treated, and how that makes you think and feel about yourself, which of the following statements best describes your situation?**

	<b>Number</b>	<b>%</b>
The way I'm helped and treated makes me think and feel better about myself	258	61.0
The way I'm helped and treated does not affect the way I think or feel about myself	133	31.4
The way I'm helped and treated sometimes undermines the way I think and feel about myself	28	6.6
The way I'm helped and treated completely undermines the way I think and feel about myself	4	0.9
Total respondents	423	100.0
No response	12	

**Q12 - In what ways do care and support services help you?**

	<b>Number</b>	<b>%</b>
To have control over my daily life	247	61.8
With personal care	292	73.0
Meals	235	58.8
Social contact with people I like	221	55.3
Doing things I value and enjoy	215	53.8
Feeling safe and secure	271	67.8
Keeping my home clean and comfortable	260	65.0
Other	62	15.5
Total respondents	400	100.0

**N.B** The sum of responses to may not equal the number of total respondents as clients can tick more than one answer

**Q13 - In the past year, have you found it easy or difficult to find information and advice about support, services or benefits?**

	<b>Number</b>	<b>%</b>
Very easy to find	83	20.5
Fairly easy to find	131	32.3
Fairly difficult to find	48	11.9
Very difficult to find	22	5.4
I've never tried to find information or advice	121	29.9
<b>Total respondents</b>	<b>405</b>	<b>100.0</b>
No response	30	

**Q14 - Thinking about the care and support you receive, if you felt unsafe or were worried about something that had happened to you, who would you talk to?**

	<b>Number</b>	<b>%</b>
A member of your family	290	70.0
A friend, neighbour or someone you work with	89	21.5
Your keyworker, Personal Assistant or care worker	207	50.0
The manager of your care home or day centre	124	30.0
Your care manager or social worker	71	17.1
Someone else	33	8.0
No-one I wouldn't say anything	7	1.7
I don't know	13	3.1
<b>Total respondents</b>	<b>414</b>	<b>100.0</b>

**N.B** The sum of responses to may not equal the number of total respondents as clients can tick more than one answer

**Q15 - How is your health in general?**

	<b>Number</b>	<b>%</b>
Very good	53	12.6
Good	100	23.8
Fair	182	43.2
Bad	67	15.9
Very bad	19	4.5
<b>Total respondents</b>	<b>421</b>	<b>100.0</b>
No response	14	

**Q16 - By placing a tick in one box in each group below, please indicate which statements best describe your own health state today.**

**Pain or discomfort**

	<b>Number</b>	<b>%</b>
I have no pain or discomfort	153	36.8
I have moderate pain or discomfort	187	45.0
I have extreme pain or discomfort	76	18.3
<b>Total respondents</b>	<b>416</b>	<b>100.0</b>
No response	19	

**Anxiety or depression**

	<b>Number</b>	<b>%</b>
I am not anxious or depressed	206	50.2
I am moderately anxious or depressed	172	42.0
I am extremely anxious or depressed	32	7.8
Total respondents	410	100.0
No response	25	

**Q17 - Please tick in the box that best describes your abilities for each of the following questions labelled from a to d.**

**a. Do you usually manage to get around indoors (except steps) by yourself?**

	<b>Number</b>	<b>%</b>
I can do this easily by myself	234	56.4
I have difficulty doing this myself	109	26.3
I can't do this by myself	72	17.3
Total respondents	415	100.0
No response	20	

**b. Do you usually manage to get in and out of a bed (or chair) by yourself?**

	<b>Number</b>	<b>%</b>
I can do this easily by myself	260	62.4
I have difficulty doing this myself	78	18.7
I can't do this by myself	79	18.9
Total respondents	417	100.0
No response	18	

**c. Do you usually manage to feed yourself?**

	<b>Number</b>	<b>%</b>
I can do this easily by myself	348	83.3
I have difficulty doing this myself	54	12.9
I can't do this by myself	16	3.8
Total respondents	418	100.0
No response	17	

**d. Do you usually deal with finances and paperwork - for example, paying bills, writing letters - by yourself?**

	<b>Number</b>	<b>%</b>
I can do this easily by myself	97	23.4
I have difficulty doing this myself	73	17.6
I can't do this by myself	245	59.0
Total respondents	415	100.0
No response	20	

**Q18 - Please place a tick in the box that best describes your abilities for each of the following questions labelled from a to d.**

**a. Do you usually manage to wash all over by yourself, using either a bath or shower?**

	<b>Number</b>	<b>%</b>
<b>I can do this easily by myself</b>	141	33.5
<b>I have difficulty doing this myself</b>	120	28.5
<b>I can't do this by myself</b>	160	38.0
<b>Total respondents</b>	421	100.0
<b>No response</b>	14	

**b. Do you usually manage to get dressed and undressed by yourself?**

	<b>Number</b>	<b>%</b>
<b>I can do this easily by myself</b>	213	50.8
<b>I have difficulty doing this myself</b>	104	24.8
<b>I can't do this by myself</b>	102	24.3
<b>Total respondents</b>	419	100.0
<b>No response</b>	16	

**c. Do you usually manage to use the WC/toilet by yourself?**

	<b>Number</b>	<b>%</b>
<b>I can do this easily by myself</b>	283	67.7
<b>I have difficulty doing this myself</b>	74	17.7
<b>I can't do this by myself</b>	61	14.6
<b>Total respondents</b>	418	100.0
<b>No response</b>	17	

**d. Do you usually manage to wash your face and hands by yourself?**

	<b>Number</b>	<b>%</b>
<b>I can do this easily by myself</b>	331	79.0
<b>I have difficulty doing this myself</b>	52	12.4
<b>I can't do this by myself</b>	36	8.6
<b>Total respondents</b>	419	100.0
<b>No response</b>	16	

**Q19 - How well do you think your home is designed to meet your needs?**

	<b>Number</b>	<b>%</b>
<b>My home meets my needs very well</b>	258	61.7
<b>My home meets most of my needs</b>	124	29.7
<b>My home meets some of my needs</b>	32	7.7
<b>My home is totally inappropriate for my needs</b>	4	1.0
<b>Total respondents</b>	418	100.0
<b>No response</b>	17	

**Q20 - Thinking about getting around outside of your home, which of the following statements best describes your present situation?**

	<b>Number</b>	<b>%</b>
<b>I can get to all the places in my local area that I want</b>	148	35.5

At times I find it difficult to get to all the places in my local area that I want	108	25.9
I am unable to get to all the places in my local area that I want	76	18.2
I do not leave my home	85	20.4
Total respondents	417	100.0
No response	18	

**Q21 - Do you receive any practical help on a regular basis from your husband/wife, partner, friends, neighbours or family members?**

	Number	%
Yes, from someone living in my household	171	42.5
Yes, from someone living in another household	182	45.3
No	97	24.1
Total Respondents	402	100.0

**N.B** The sum of responses to may not equal the number of total respondents as clients can tick more than one answer

**Q22 - Do you buy any additional care or support privately or pay more to 'top up' your care and support?**

	Number	%
Yes, I buy some more care and support with my own money	113	28.4
Yes, my family pays for some more care and support for me	15	3.8
No	362	91.0
Total Respondents	398	100.0

**N.B** The sum of responses to may not equal the number of total respondents as clients can tick more than one answer

**Q23 - Did you write the answers to this questionnaire by yourself or did you have help from someone else?**

	Number	%
Yes, I wrote the answers myself	141	34.4
No, I had help from a care worker	100	24.4
No, I had help from someone living in my household	55	13.4
No, I had help from someone living outside my household	114	27.8
Total respondents	410	100.0
No response	25	

**Q24 - What type of help did you have?**

	Number	%
None, because I wrote the answers myself	167	39.8
Someone else read the questions to me	208	49.5
Someone else translated the questions for me	102	24.3
Someone else wrote down the answers for me	158	37.6
I talked through the questions with someone else	119	28.3
Someone answered for me, without asking me the questions	37	8.8
Total respondents	420	100.0

**N.B** The sum of responses to may not equal the number of total respondents as clients can tick more than one answer