

Your membership number is:



Your Living in Lancashire survey

1. Please read the instructions carefully and use blue or black pen to fill in the questionnaire.
2. Please check you have answered all the appropriate questions.
3. Return your completed questionnaire in the reply-paid envelope provided.

City Deal

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Which one of these statements best describes you?
PLEASE TICK ONE OPTION ONLY

I haven't heard of City Deal before

I've heard of City Deal, but I don't understand what it is

I've heard of City Deal and I have some understanding of what it is

I have heard of City Deal and understand what it is

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a) Which of the following activities do you regularly do (this could be at any level - beginner, intermediate or advanced)?

PLEASE TICK AS MANY AS APPLY

b) Which of the following activities would you like to do more often?

PLEASE TICK AS MANY AS APPLY

	a) do regularly	b) would like to do more often
Badminton	<input type="checkbox"/>	<input type="checkbox"/>
Bowls	<input type="checkbox"/>	<input type="checkbox"/>

Boxing	<input type="checkbox"/>	<input type="checkbox"/>
Cricket	<input type="checkbox"/>	<input type="checkbox"/>

Cycling	<input type="checkbox"/>	<input type="checkbox"/>
Football	<input type="checkbox"/>	<input type="checkbox"/>

Golf	<input type="checkbox"/>	<input type="checkbox"/>
Gym or fitness classes (including dance or movement classes)	<input type="checkbox"/>	<input type="checkbox"/>

Gymnastics	<input type="checkbox"/>	<input type="checkbox"/>
Handball	<input type="checkbox"/>	<input type="checkbox"/>

Hockey	<input type="checkbox"/>	<input type="checkbox"/>
Netball	<input type="checkbox"/>	<input type="checkbox"/>

Orienteering	<input type="checkbox"/>	<input type="checkbox"/>
Rounders	<input type="checkbox"/>	<input type="checkbox"/>

Running or jogging	<input type="checkbox"/>	<input type="checkbox"/>
Squash or racquetball	<input type="checkbox"/>	<input type="checkbox"/>

Swimming	<input type="checkbox"/>	<input type="checkbox"/>
Table Tennis	<input type="checkbox"/>	<input type="checkbox"/>

Tennis	<input type="checkbox"/>	<input type="checkbox"/>
Walking	<input type="checkbox"/>	<input type="checkbox"/>

Other	<input type="checkbox"/>	<input type="checkbox"/>
None of these	<input type="checkbox"/>	<input type="checkbox"/>

5**Do you have any of the following locally?**

PLEASE TICK ONE OPTION ONLY FOR EACH ROW

	Yes	No	Don't know
Community centre (eg religious centres, youth clubs)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cycle path	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Public gardens	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Golf course	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Gym or fitness/sports centre (eg Lifestyle Fitness, Total Fitness, David Lloyd)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Local fitness groups (eg running groups, cycle groups)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Nature trail/woodland	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Park	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Playing field	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Swimming pool	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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Do you regularly use any of the following locally?

PLEASE TICK ONE OPTION ONLY FOR EACH ROW

	Yes	No
Community centre (eg religious centres, youth clubs)	<input type="checkbox"/>	<input type="checkbox"/>
Cycle path	<input type="checkbox"/>	<input type="checkbox"/>

Public gardens	<input type="checkbox"/>	<input type="checkbox"/>
Golf course	<input type="checkbox"/>	<input type="checkbox"/>

Gym or fitness/sports centre (eg Lifestyle Fitness, Total Fitness, David Lloyd)	<input type="checkbox"/>	<input type="checkbox"/>
Local fitness groups (eg running groups, cycle groups)	<input type="checkbox"/>	<input type="checkbox"/>

Nature trail/woodland	<input type="checkbox"/>	<input type="checkbox"/>
Park	<input type="checkbox"/>	<input type="checkbox"/>

Playing field	<input type="checkbox"/>	<input type="checkbox"/>
Swimming pool	<input type="checkbox"/>	<input type="checkbox"/>

7**How strongly do you agree or disagree with the following statements?**

PLEASE TICK ONE OPTION ONLY FOR EACH STATEMENT

	Strongly agree	Tend to agree	Tend to disagree	Strongly disagree
I would feel confident joining a new local gym, sports club or fitness group	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I have friends that I could exercise with, if I wanted to	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<hr/>				
I don't like taking part in or playing sport/exercise	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I'm not good at sport	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<hr/>				
I don't know where to go to get information about local gyms, sports clubs or fitness groups	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Physical activity includes all forms of activity, such as everyday walking or cycling to get from A to B, active play, work-related activity, active recreation (such as working out in a gym), dancing, gardening or playing active games, as well as organised and competitive sport.

8**How strongly do you agree or disagree with the following statements?**

PLEASE TICK ONE OPTION ONLY FOR EACH STATEMENT

	Strongly agree	Tend to agree	Tend to disagree	Strongly disagree
It is important to be physically active on a daily basis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Being physically active is a priority for me	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<hr/>				
It is easy to be physically active	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I have plenty of opportunity to be physically active	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<hr/>				
I try to include physical activity in my daily routine	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The amount of physical activity I can do is limited by a disability or long-term illness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<hr/>				
I consider myself to be a physically active person	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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Would you like to be more physically active?

PLEASE TICK ONE OPTION ONLY

Yes

No

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If you would like to be more physically active, what are your reasons?

PLEASE TICK AS MANY AS APPLY

To be healthy

To socialise

To gain confidence

To lose weight

To have fun

To de-stress

Other (please write in below)

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Do any of the following things prevent you from being more physically active?

PLEASE TICK AS MANY AS APPLY

Nothing prevents me being more physically active

The cost of gyms, sports clubs and fitness groups

The cost of equipment (eg bike, weights, trainers)

The poor quality of local facilities

Local activities and sessions are not run at times that are convenient for me

I'm too busy doing other things

Difficulty arranging childcare

Limited travel

Other (please write in below)

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Do you believe your level of physical activity has had an impact on your physical health?

PLEASE TICK ONE OPTION ONLY

Yes, a positive impact

Yes, a negative impact

No impact

Don't know/not sure

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Do you believe your level of physical activity has had an impact on your mental health?

PLEASE TICK ONE OPTION ONLY

Yes, a positive impact

Yes, a negative impact

No impact

Don't know/not sure

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In the last five years, have any of the following people encouraged you to be more physically active?

PLEASE TICK ONE OPTION ONLY FOR EACH PERSON

	Yes	No
Colleagues	<input type="checkbox"/>	<input type="checkbox"/>
Doctor	<input type="checkbox"/>	<input type="checkbox"/>
Employer	<input type="checkbox"/>	<input type="checkbox"/>
Family member	<input type="checkbox"/>	<input type="checkbox"/>
Friends	<input type="checkbox"/>	<input type="checkbox"/>
Nurse	<input type="checkbox"/>	<input type="checkbox"/>
Sport or physical activity coach	<input type="checkbox"/>	<input type="checkbox"/>
Teacher	<input type="checkbox"/>	<input type="checkbox"/>

The **'This girl can'** campaign is a national campaign developed by Sport England and its partners. The campaign messages include **'I swim because I love my body. Not because I hate it.'** and **'I'm slow but I'm lapping everyone on the couch'**.

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Can you remember seeing the 'This girl can' campaign?

PLEASE TICK ONE OPTION ONLY

Yes

No → go to Q17

Unsure → go to Q17

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Has the campaign influenced or encouraged you to become more physically active?

PLEASE TICK ONE OPTION ONLY

Yes

No

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We are planning to do some follow up work with Lancashire Sport and, in particular, look at what prevents people from being physically active and how we can help people to overcome that. As part of this we will be running a number of discussion groups later in the year aiming to talk to people who currently have very low levels of physical activity. If you would be interested in taking part in one of these groups please tick the box below and provide your preferred contact number and/or email address. You are not committing yourself to attending – if we run a group in your area we will contact you to give you further details and see if you'd be willing to take part.

Are you interested in joining a focus group about physical activity?

PLEASE TICK ONE OPTION ONLY

Yes

No

Please write in below the details of the email or phone number that you would prefer to be contacted on.

Electric vehicles

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Are you qualified to drive or do you intend to learn to drive in future?

PLEASE TICK ONE OPTION ONLY

Yes, I'm qualified to drive

Yes, I intend to learn to drive in future → go to Q20

No → go to Q23

The following questions ask about electric vehicles. When answering these questions please think of an electric vehicle as a car/van that solely uses electric motors (ie not a hybrid engine).

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Do you own an electric vehicle?

PLEASE TICK AS MANY AS APPLY

Yes, for use as my main car

Yes, as a second car for local journeys

Yes, for use as a commercial vehicle

No

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How likely is it that you will buy an electric vehicle...?

PLEASE TICK ONE OPTION ONLY FOR EACH ROW

	Definitely will	Probably will	Probably won't	Definitely won't	Don't know
The next time you buy a vehicle	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
In the next ten years	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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If you would buy an electric vehicle, would you buy one for use as...?

PLEASE TICK ONE OPTION FOR EACH USE

	Yes	No	Don't know	Not relevant
A main car	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
A second car for local journeys	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
A commercial vehicle	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

How strongly do you agree or disagree with the following statements?

PLEASE TICK ONE OPTION ONLY FOR EACH STATEMENT

	Strongly agree	Tend to agree	Tend to disagree	Strongly disagree	Don't know
Electric vehicles are good value for money	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Electric vehicles are practical for everyday use	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<hr/>					
Electric vehicles take too long to recharge to be practical to use	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
There aren't enough places to recharge electric vehicles	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<hr/>					
I wouldn't/don't have anywhere practical to recharge an electric vehicle	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The limited choice of electric vehicles would stop me from buying one	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<hr/>					
I don't really know anything about electric vehicles	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The range (driving distance) of electric vehicles on each charge is too small for my needs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<hr/>					
Electric vehicles perform as well as petrol/diesel vehicles	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The fact that electric vehicles are environmentally friendly appeals to me	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<hr/>					
Electric vehicles are more reliable than petrol/diesel vehicles	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

About Living in Lancashire

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Overall, how easy or difficult did you find it to understand the questions on this survey?

PLEASE TICK ONE OPTION ONLY

- All of the questions were easy to understand
- Most of the questions were easy to understand
- Most of the questions were difficult to understand
- All of the questions were difficult to understand

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Overall, how fair and balanced did you find the questions?

PLEASE TICK ONE OPTION ONLY

- All of the questions were fair and balanced
- Most of the questions were fair and balanced
- Most of the questions were not fair and balanced
- None of the questions were fair and balanced

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Please rate this questionnaire overall.

PLEASE TICK ONE OPTION ONLY

- Very good
- Quite good
- Neither good nor poor
- Quite poor
- Very poor

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Are there any topics that you would like to see included in future questionnaires?

PLEASE WRITE IN BELOW

**Please return the questionnaire in the reply-paid envelope.
Thank you for being part of Living in Lancashire.**